A form board is a device that holds frames in such a position that aids in the installation of foundation and gives a solid base for wedge nailing and wire embedding. Simply place the frame over the form board so the solid platform of the form board extends into the middle of the frame, making it the right height for easy installation of the foundation into the bottom bar. Nail the top wedge in and embed wire if needed.

Materials:

1) wood board
   3/4" thick,
   9-11/16" deep,
   16-15/16" wide.

3) wood cleats
   3/4" thick,
   1-1/2" wide,
   9-11/16" long.